



We're Giving Seniors a Hand

Are you a senior trying to self isolate? The **Safe Seniors Strong Communities Initiative** is a program helping seniors stay safe at home during COVID-19 by providing the following non-medical services:



Friendly visiting
by phone



Grocery and
prepared meal
pickup and delivery



Prescription pick-
up and delivery

You can call **211** to register or call us directly at **(604) 324-6212**. We can help take your order and provide further information and assistance.

