



SENIOR'S DROP IN PROGRAM

**JOIN US 6 FRIDAY
AFTERNOONS STARTING
JULY 21ST-AUG 25TH**

Come socialize, exercise and meet your neighbours. Refreshments provided!

for more information contact:
Ping: 604-324-6212
It's Free!

Schedule

Dancing	
21	JULY
Indoor Exercise	
28	JULY
Crafts	
04	AUGUST
Sing-along	
11	AUGUST
Family Yoga	
18	AUGUST
Dancing & Celebration	
25	AUGUST

What

A social program for seniors with childminding available

When

Fridays, 12:30 - 2:00 PM

Where

South Hill Neighbourhood Centre, 5888 Fraser St,
Vancouver,

