

**A PROGRAM FOR  
REFUGEE AND RECENT  
IMMIGRANT SENIORS**



# **EASING THE TRANSITION**

**INCLUDES ESL CLASS WITH A  
SOCIAL FOCUS,  
REFRESHMENTS AND  
EDUCATION ON NAVIGATING  
CANADA OR FIELD TRIP**

**TUESDAYS FROM JANUARY 10  
TO FEBRUARY 14 @ 10:15 AM  
TO 2 PM - 6 WEEKS**

**LOCATION:  
411 SENIORS CENTRE SOCIETY  
#704 - 333 TERMINAL AVENUE  
VANCOUVER, BC V6A 4C1**



**Free | Some transportation subsidies available | First come, first served |  
Registration required**

**\* Participants must be a senior refugee or recent immigrant**

**To register, please contact Karen Wong:  
kwong@411seniors.bc.ca  
604-684-8171 (ext. 237)**

